

## Norethisterone for period delay Risk Assessment Form

## How to use this form

To ensure the security of patient information, all consultations are to be completed in your Pharmadoctor account using the eTool, with this paper form only used to record the consultation ID (generated by the eTool at the patient consent stage) and the medical details (fields in black ink with bold borders).

Only if you do not have access to your Pharmadoctor account at the time of the consultation should the fields in grey text be filled out. You must then upload the consultation details at a later time when you have access to the Pharmadoctor eTool.

Patient details						
Consultation ID			Date of birth: / /	Age:		
Full name:			Home Address:			
Email:						
Telephone:			Name & Address of GP			
NHS number: (optional)			Would you like your GP to be informed consultation?	of this	Yes 🗌	No
Please answer the following questions						
Are you pregnant, planning pregnancy or is there any possibility that you could be pregnant?	Yes 🗌	No	Do you suffer from severe pruritus (itchy sk body)?	in all over the	Yes 🗌	No
Are you breast-feeding?	Yes 🗌	No	Do you have porphyria or jaundice?		Yes 🗌	No
Are you allergic to norethisterone or any other similar hormone medicines? <i>If yes, please provide details</i>	Yes 🗌	No	Have you previously had severe pruritus or gestationis (an itchy rash) during pregnancy		Yes 🗌	No 🗌
Do you or your family have any current or previous bleeding disorders? <i>This includes (but is not limited to):</i> - Deep vein thrombosis (DVT) - Pulmonary embolism		No	Are you currently using any contraception? If yes, please provide details		Yes 🗌	No
Have you ever suffered from vaginal bleeding in which no cause was found?		No	Do you have any eye problems? <i>This includes:</i> – Papilloedema – Retinal vascular lesions		Yes 🗌	No
Do you have any liver problems? If yes, please provide details		No	Do you have any kidney problems? If yes, please provide details		Yes 🗌	No
Do you have any heart problems? This includes (but is not limited to): - Angina - Heart attack	Yes 🗌	No	Do you have any of the following: - Migraines - Epilepsy - Asthma		Yes 🗌	No
Do you have high cholesterol, or do you smoke?	Yes 🗌	No	Do you or your close family have any of the - Systemic lupus erythematosus - Severe obesity (BMI >30 kg/m <sup>2</sup> ) - Thromboembolism - Recurrent miscarriage	following:	Yes 🗌	No 🗌
Have you previously suffered from jaundice, chloasma or Yes pre-eclamptic toxaemia (high blood pressure) during pregnancy?		No	Are you being treated with steroid hormon	es?	Yes 🗌	No 🗌
Have you recently undergone major surgery or major Yes 🗌 M trauma?		No	Have you been immobile for a prolonged ti or are you due to receive surgery? If yes, please provide details	me (bed rest)	Yes 🗌	No



Please answe	er the fo	llowing questions				
Do you have endometrial hyperplasia (thickening of uterus Yes lining)?	No	Do you have any allergies? If yes, please provide details	Yes 🗌	No		
Have you been told by your doctor you have an intolerance Yes to any sugars? If yes, please provide details	No	Do you have diabetes? If yes, please list any associated problems	Yes 🗌	No		
Do you have a known or suspected cancer, or have you had Yes cancer in the past (e.g. breast cancer)? If yes, please provide details	No	Do you have severe depression, generalized anxiety disorder or any other psychiatric disorder?	Yes 🗌	No		
Have you previously had a transient ischaemic attack (mini Yes 🗌 stroke) or stroke?	No	Do you have inflammation of your veins (superficial phlebitis) or varicose veins?	Yes 🗌	No□		
Why do you want to delay your period?						
Please provide details of any recent or past medical history of note (e.g. other medical conditions that you have previously been treated for)						
Please list all your current prescription medication including any medica	ntion you l	buy over the counter				



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## Patient consent

- 1. I have received information on the risks and benefits of the medicine, and I have had the opportunity to ask questions. The medical information I have provided is true and accurate to the best of my knowledge, and I consent to the medicine being administered.
- 2. I understand that my personal information, including name, surname, email, telephone, date of birth (DOB), address, NHS number, and GP details, will be securely uploaded to the Pharmadoctor website for electronic storage, and it will be kept in line with data protection regulations along with the details of the consultation (i.e., medicines provided).
- 3. I authorise the collection, storage, and secure transmission of my information for the purposes mentioned above.
- 4. I acknowledge that after the consultation, the details of my medication and consultations will be accessible through my Pharm adoctor account, using the provided email address for login.
- 5. I understand that I can speak to a member of staff about any queries regarding the Pharmadoctor consultation or the processing of personal data for this consultation, including exercising my rights under data protection legislation.

Verbal consent (if used)					
I confirm that the patient, parent or guardian has given verbal consent.					
Written consent (if used)					
Patient signature:	Date:				

Additional information (healthcare professional use)				
Further information that may be relevant				

Supply record (healthcare professional use)							
Medicine name	Date provided	Administration method	Quantity	Strength	Batch number	Drug expiry date	Price
Comments							
Comments							
Comments							
Comments							